

# Hiah Park

shamanic healing arts

## ZURICH

5<sup>th</sup> May - 7<sup>th</sup> May 2023

## Empowering Young Generation

Lecture  
Ritual Performance  
Workshop

**Hiah Park** is a Korean shaman (mudang) who specializes in the art of ritual dance. She has worked as a court musician and dancer in the Korean classical tradition, has received a master of arts degree in dance, and has taught Korean dance and ethnology - as well as sound and movement improvisation - in universities. Since her initiation as a mudang in 1981, Park has travelled extensively, performing shamanic ritual dance, trance dance, and traditional Korean dance throughout the United States, Europe, and Korea. She also conducts lectures and workshops dealing with spiritual practices, as well as providing a catalyst for spiritual healing and transformation.



### Empowering of the Young Generation

A workshop especially for youngsters,  
young adults,  
their parents  
and people  
who like to grow and support  
development processes

Lecture	5 <sup>th</sup> May 2023 at 7:00 pm
Workshop	Start 6 <sup>th</sup> May 2023 at 10:00am End 7 <sup>th</sup> May 2023 around 1:00pm
Ritual Performance:	6 <sup>th</sup> May at 7 pm
Workshop-fee:	450,- Swiss Franc
Location:	Verein GÜXi Kinderkrippen Binzstrasse 38 Best enter Binzstr. 44 from backyard 8045 Zurich
Application:	Hi-Ah Park <a href="mailto:hiahpark@gmail.com">hiahpark@gmail.com</a> <a href="http://www.hiahpark.com">www.hiahpark.com</a>

With this workshop, Hiah Park is especially and specifically addressing the younger generation, teenagers and young adults. But also to those older generations whose wish it is, to support young people on their way with their experience and who are willing and are open to work on themselves and share this with young people.

*"We are the ancestors from TOMORROW!*

*We have to support the Future Generations;*

*We have to take care of what we are really searching for!*

*We have the responsibility for our decisions, what we create in the NOW!"*

Bringing genuine care into the world and lasting love, opening your heart. Courageous venture into your heart and access pulsating powerful energy within you. This energy, this love, is the fabric of your soul. This is the Source of our Life.

This workshop will teach you the Radical act of Love. The Holy flame that burns at the centre of every breath you breathe, gives you the impulse to connect with Divine within. Without this love, our lives feel dull, empty, directionless, and meaningless, because there is no deeper impulse, no higher purpose.

Awakening Inner soul, loneliness, depression, anxiety, paranoia, chronic illness, violence of all kinds will transform into joy, play, vibrancy, truth, love, peace and freedom.

We become love, not hatred, and honour the 'Peace', not war.

We are All needy. But don't use your need to blame, or use others, or lament. just see the energy is endless around us, you can get it effortlessly for free.

More than ever we have the opportunity and duty to connect with true nature, but also with our young people to balance the community for the future, to follow worthwhile goals of better understanding and respect.

You can be the owner of your full creativity and find a good basic point for your own start-up. This workshop with his space is predestined and an empowerment to you.